



DADS

MAKE A DIFFERENCE

Resource Material For Dads
TOGETHER WE ARE GREATER

TABLE OF CONTENTS

Welcome Dads	Pages 2 - 3
Involved Fathering	Pages 4 - 5
How Children With Involved Fathers Benefit	Pages 6 - 7
How Mom And Dad Interact With Their Children	Page 8
10 Things Dads Tend To Do And Possible Results	Page 9
How To Support Mom	Page 10
Dads And Changes	Page 11
Suggestions For New Dads To Help Babies Sleep	Pages 12 - 13
Playing With Your Child (0-6 months)	Pages 14 - 15
Playing With Your Child (Toddlers)	Pages 16 - 17
Your First Time Alone With The Baby	Pages 18 - 19
Your Baby's Safety	Pages 20 - 21
Life Saving Tips	Page 22
When To Call The Baby's Doctor	Page 23
Suggested Reading And Resources	Pages 24 - 25



HOW CHILDREN WITH INVOLVED FATHERS BENEFIT

Research over the last several years investigating father-infant relationships and the influence of fathers in their children's lives has shown that babies whose fathers have been actively involved with them score higher on standardized developmental assessments (especially in the area of mental and motor development).

The more fathers were involved in the everyday repetitive aspects of care such as bathing, feeding, dressing, and diapering during the first eight weeks of their infant's life, the more socially responsive the babies were. Additionally, these same babies were better able to withstand stressful situations later during their school years.

In studies of premature infants, researchers found that early paternal involvement has a significant effect on lessening the long term vulnerability of these infants. Infants whose fathers are involved, cope better with strangers and demonstrate a lower degree of stress or anxiety.



Through the variety of maternal and paternal touch, play, and vocal patterns, infants learn to better deal with differing patterns of adult interaction, expectations, and styles.

Researchers have demonstrated a connection between nurturing, involved fathers and higher academic performance in both boys and girls.

DADS MAKE A DIFFERENCE

Children, men and women are different and so are their needs. In an environment friendly to men, the Nanaimo Men's Resource Centre offers information, workshops, support groups, individual counseling and referrals to existing community services. We promote safe and clear communication, healthy fathering and strong family relationships.

The Nanaimo Men's Resource Centre promotes the integrity of the family and the rights of men, women and children. We advocate shared parenting within the family and equal access to children after separation and divorce.

Social services in the community often focus on the needs of women and mothers. We recognize that men are equally affected by family crisis & often need help to maintain healthy connections with their children.

Please visit our website: www.nanaimomen.com and check out our Dads section!

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